



Pittsfield Township Senior Center

Pittsfield Charter Township provides many services to its residents. Among these services is a Senior Center that provides opportunities to adults 55 years of age and over. We are located at the corner of State Street and Ellsworth Roads.

Our goals are the effective involvement of older adults through meaningful activities and the creation of opportunities for growth, development and the maintenance of good health.

We strive to meet the needs of our older adults by providing social and recreational needs and physical activities, special events, supportive services, help in emergencies, volunteer and employment services, and travel. Anyone from any area may participate.

If you find it difficult to visit the Center, we can provide you any Center information that you may need. **Just give us a call at 822-2117 or visit us at the Senior Info Link: www.pittsfield-mi.gov/Senior_Center.html**

New visitors and participants are always welcome and volunteers are always needed to help with the daily operation of our programs. Share your knowledge with friends by being a guest instructor for crafts, ceramics, computer, cooking, or anything you think others may find interesting. We welcome your interest, help and suggestions.

To make it possible for adequate planning, the Pittsfield Township Senior Center requests that you register in advance for classes offered free of charge as well as for those requiring a fee. To register, call 822-2117. All sessions held at the Pittsfield Twp. Senior Center except as indicated.

Pittsfield Senior Center

701 W. Ellsworth Rd.
Ann Arbor, MI 48108
(734) 822-2117

Staff

Carol Presley, Senior Coordinator
Jennifer Todd, Program Developer
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Carpenter Place

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COVER GIRLS QUILTING GROUP

First time quilters along with well accomplished quilters continue to work on quilts. Nancy Bryan will help get you started. Come get involved!

SESSION

TIME: 9:30 am - 11:30 am

WOODCARVING WOODIES

Folks are making wonderful and creative carvings in this class and you can be a participant. Open to all skill levels of woodcarving. Carl Rothfuss can 'carve' the way!

SESSION

TIME: 9:30 am - 11:30 am

TAI CHI

Learn the health benefits that emanate from the practice of this ancient Chinese art. No experience or particular athletic ability is required. This program is run through Washtenaw Community College for beginners and intermediates. Join this growing group.

SESSION

DAY: Starts January 23

TIME: Intermediate: 11:30 am - 12:45 pm
Beginners: 12:45 pm - 2:00 pm

MAH JONG LESSONS AND PLAY

You'll enjoy this wonderfully simple ancient Chinese game. Lessons and play for all levels of experience.

SESSION

TIME: 12:30 pm - 3:00 pm

CREATIVE WRITERS OF PITTSFIELD

An eclectic group of authors welcome you to a Monday morning read and write fest! Let your peers provide you with insight, humor and gentle critiques of your written works. Coming soon! Watch for our second book, "Windows in Time"!

SESSION

TIME: 9:30 am - 12:15 pm

CHESS

Come join this growing group of chess players. King me!

SESSION

TIME: 1:00 pm - 4:00 pm

PITTSFIELD PIPERS (RECORDERS)

The recorder is a simple early flute. Learning to play is not difficult. Some musical background is helpful, but not necessary. Instructor: Mary Ellen Hagel.

SESSION 1 (BEGINNERS' RECORDERS)

TIME: 12:30 pm

SESSION 2 (CLASSICAL RECORDERS)

TIME: 1:00 pm

SESSION 3 (PITTSFIELD PIPERS)

TIME: 1:45 pm

BIBLE STUDY

Join us as we explore the Bible as a historical book and spiritual guide. Gather an overview and glean a message applicable to today's life. We will discuss the contents, divisions and message in the various books of the Bible. Please bring a notebook and Bible!

SESSION

DAY: Starts January 23

TIME: 10:30 am - 12:00 pm

INSTRUCTOR: Nicola Parravano



TUESDAYS

DIGITAL CAMERA CLASSES

Gary Woolweaver has tips on how to use your digital camera as well as advice on what to look for if you want to purchase one. Sign up in the office!

SESSION
TIME: 10:00 am - 12:00 pm

EUCHRE

Calling all euchre players—the center is the place!

SESSION
TIME: 12:30 pm - 3:15 pm

ITALIAN

Italian is instructor Nicola's native language. Enjoy this growing class while learning vocabulary, pronunciation and grammar.

SESSION
DAY: Starts January 20
TIME: 9:30 am - 11:30 am
INSTRUCTOR: Nicola Parravano



FITNESS WITH A BALL

Let Mark Harris help you 'roll' the kinks out.

SESSION
DAY: Starts January 24
TIME: 3:30 pm - 4:30 pm

BRIDGE GROUP

Some experience required to join this group. Improve your play, or just play! Come a little early. Meet new players and old friends!

SESSION
TIME: 12:45 pm - 3:30 pm

WEDNESDAYS

BREAKFAST CLUB

Join us for "coffee and conversation" or "tea and talking". Specially cooked breakfast, be it eggs, bacon, sausage, waffles, french toast or pancakes—new menu each month! We'll cook the food, you provide the good company!

SESSION
DAY: 3rd Wednesday of the Month
TIME: 8:30 am

CANASTA GROUP

Come learn or just play this long-forgotten card game.

SESSION
TIME: 1:00 pm - 3:00 pm

WATERCOLOR CLASSES

Beginners and advanced artists are welcome to join Marcy Gray for the fun art of watercolor! Occasional demonstrations from students and guests. Learn to mat your work on the 4th Wednesday of the month.

SESSION
TIME: 9:30 am - 11:30 am

MEN'S CLUB

Meet with other men for camaraderie and conversation. Make new friends!

SESSION
TIME: 3:00 pm - 5:00 pm

BROWN BAG BOOK CLUB

Bring a snack to share and your brown bag lunch. Check in the office as to what book will be selected for review. Your smile and opinion is important to us.

SESSION
DAY: 1st Wednesday of the Month
TIME: 10:30 am - 12:30 pm

INVESTMENT CLASSES

Come and join our series on investment education led by Jerry Mangona of Edward Jones. Check in the office for the selected Wednesdays.

SESSION
DAY: Starts January 11
TIME: 2:30 pm - 4:00 pm

Wednesdays Are Special At The Senior Center

Call with your email address and we'll email newsletters to you each month, as well as new flyers for new trips or activities as they occur.

The **First Wednesday** each month will be "Tournament Day" and line dance party! You'll play Uno, Wii, and Euchre tournaments, plus other boardgames including cribbage, mah jong and checkers. Bring a snack to share! Check the newsletter for special game days.

Join us in the morning for fun, line dance lessons and bring a dish to share! We eat after we dance.

The **Second Wednesday** our volunteer nurses will help you stay healthy by checking your blood pressure from 10:30 am - 11:30 am. Stay for Potluck! Bring a dish to pass that serves 8-10, a sense of humor and adventure. After lunch there will be a different program, including seasonal parties, educational speakers, entertainment, or just wild and wacky fun! Check the newsletter for each month's offering.

The **Third Wednesday** is the Pittsfield **Red Hat Ladies**. Ladies, wear your favorite hat, a dish to pass, and a smile! The program differs each month so watch the monthly newsletter.

The **Fourth Wednesday** is another fun Potluck—meet your friends here for a great afternoon! Again, check the newsletter for the potluck activity! Join us before and after the potluck for another blood pressure clinic from 11:30 am - 1:30 pm.

The **Fifth Wednesday** of the month sends us off to a local restaurant. A sign-up sheet is on Jen's Board so we can tell the restaurant how many are coming. Always fun!

Always check the monthly newsletter for our latest plans and events!



Monthly newsletters are available online at www.pittsfield-mi.gov/senior_center.html

THURSDAYS

COMPUTER CLASSES

The only prerequisite is that you take the free beginning computer class at the Ann Arbor District Library. "Computer John" will help answer your questions and attempt to solve any internet problems you might be having. We have four on-line computers in our lab. Don't be shy!

SESSION

TIME: 9:00 am - 12:00 pm
INSTRUCTOR: John Vidolich

FLOWER ARRANGING

Together we will learn the how-to's of floral design and take your arrangement home.

SESSION

TIME: 9:30 am - 11:30 am
FEE: \$10 payable to the instructor day of the program for supplies.

B-I-N-G-O

Fun 'Big Bucks Bingo.' Come join the fun. Bring a snack to pass. Be sure to come early, B-4 it's too late!

SESSION

TIME: 1:00 pm - 3:00 pm
FEE: \$2.25/person

BASKETWEAVING

Create beautiful baskets that are both functional and decorative. Helen Lauterwasser will show you how. Limited space for NEW basket makers.

SESSION

DAY: 2nd & 4th Thursdays
TIME: 9:15 am - 11:30 am
FEE: \$20 payable to the instructor first day of the program for supplies.

PITTSFIELD QUILTERS

Join the Local Chapter of this international group of volunteers makes quilts for local programs serving sick and needy babies. No sewing experience required. Great opportunity for creativity while providing a very worthwhile service to our community. Hand knitted woolen scarves and helmet liners are made and donated to service men and women in Afghanistan.

SESSION

TIME: 1:00 pm - 3:00 pm
INSTRUCTOR: Mary Sougstad



FRIDAYS

GENEALOGY GROUP

Discover your roots!

SESSION

DAY: 2nd Friday of the month
TIME: 11:00 am

CERAMICS

Newcomers and experienced students welcome.

SESSION

TIME: 9:30 am - 11:30 am

OIL PAINTING POTPOURRIERS

Need some help to finish an old oil painting you just couldn't get finished? Or want to try something new? Ed Foltin will be available to help. Give it a try!

SESSION

TIME: 9:30 am - 11:30 am

FREEBEE FRIDAYS

This event will continue once a month. Bring good items that you no longer use, but you think someone else can. Bring a dish to pass.

SESSION

DAY: 1st Friday of the month
TIME: 10:30 am - 12:30 pm

"OUT TO LUNCH BUNCH"

Group meets once a month and carools to local eateries. Always good fun, good food, and good friends.

SESSION

DAY: 3rd Fridays
TIME: 11:30 am

SIT & KNIT

No experience required. Our group is willing to teach newcomers how to knit. Don't be shy if you crochet, you are welcome too!

SESSION

TIME: 1:00 pm - 3:00 pm

PINOCHLE

Our pinochle group is growing! Come and join us!

SESSION

TIME: 12:30 pm - 3:00 pm

CARD PARTY!

Bring your dinner and dine with friends.

SESSION

DAY: 1st Friday of the Month
TIME: 5:00 pm - games begin at 6:00 pm



FITNESS & WELLNESS - WCC

Sponsored with Washtenaw Community College, let Nia Aguirre help you "get the kinks out" and explore different wellness topics to keep you feeling tip-top. It really helps those aches!

SESSION

DAY: January 27 - March 16, Fridays
TIME: 1:00 pm - 1:50 pm
INSTRUCTOR: Nia Aguirre

BEGINNER'S GERMAN CLUB

Let's learn German together! We'll learn vocabulary, phrases and more. Led by Linda Braman.

SESSION

TIME: 11:30 am - 12:30 pm

HATHA YOGA

A delicious way to move your body. This gentle approach to yoga promotes relaxation and circulation, increases flexibility and reduces stress. Wear comfortable, loose clothing and socks. Bring a mat, blanket or towel. Join any time.

SESSION

TIME: 11:30 am - 12:45 pm
INSTRUCTOR: Suzanne Willets-Brooks
FEE: \$6/person/week

MULTIPLE DAYS

NUTRITION PROGRAM

On Tuesdays and Thursdays, the Washtenaw County Senior Nutrition Program provides hot lunches at the Senior Center. To participate, you must sign up or call 822-2117, 48 hours prior to lunch. A \$3.50 donation for lunch is appreciated. Lunch is served at 12:00 pm! Come early!

Wii BOWLING

If you enjoy bowling, join in on the fun with the Wii. Available to anyone who would like to enjoy bowling with friends. Instruction provided if needed. Check the Center for details! Games begin in January.

EARLY BIRD EXERCISE

Come join Cindy Deery and exercise while others sleep!

SESSION

DAY: Mondays, Wednesday and Fridays
 TIME: 8:00 am - 9:00 am



DANCING

LINE DANCE

Yes, you can join this fun loving class. The only requirement is a smile and giggle!

SESSION 1 (ADVANCED BEGINNER)

DAY: Mondays
 TIME: 2:00 pm - 4:00 pm

SESSION 2 (OLDIES BUT GOODIES)

DAY: Tuesdays
 TIME: 9:30 am - 12:00 pm

SESSION 3 (LINE DANCE ADVENTURERS)

DAY: Thursdays
 TIME: 10:30 am - 12:00 pm

SESSION 4 (BEGINNER, BEGINNER)

DAY: Fridays
 TIME: 9:30 am - 11:15 am



TAP DANCE

Learn all the basic tap steps. Tap shoes are not required, but they make dancing more enjoyable! Susan Smith will show you how.

SESSION

DAY: Fridays
 TIME: 2:30 pm - 4:00 pm

LINE DANCE PARTY

Come join us for some fun dancing the morning away!

SESSION

DAY: 1st Wednesday of the month
 TIME: 9:00 am

SENIOR TRIPS

Checks payable to: Pittsfield Township

JANUARY 4 ~ DIA SPECIAL EXHIBIT "Rembrandt and the face of Jesus."

Come with us to the Detroit Institute of Arts!
 FEE: \$30 (includes transportation and admission to the DIA and the special exhibit.)

JANUARY 18 ~ "Nunset Boulevard" and Meadowbrook Hall Tour and lunch

The Little Sisters of Hoboken are at it again! But first we'll tour and have lunch at Meadowbrook Hall. Join us!
 FEE: \$64

APRIL 13 ~ CHURCH BASEMENT LADIES

A celebration of church basement kitchens everywhere and the wonderful, unsung women that work there. In the span of a year, they plan a record breaking Christmas, the funeral of a dear friend, a Hawaiian Easter Fundraiser, and a steaming hot July wedding feast. This popular show returns to Turkeyville for a return engagement!
 FEE: \$50

JUNE 3 ~ DSO "COTTON CLUB"

Smoky, sultry, and swingin' defines "A Night at the Cotton Club."
 FEE: \$79 (includes lunch at Sinbads at the River.)

JUNE 15 ~ "FUNNY, YOU DON'T LOOK LIKE A GRANDMOTHER!"

What to Name the Grandmother...How to Win the Granny Wars...and reveals the truth about that credit card-toting phenomenon Shopalong Cassidy-The Plastic Grandma. The perfect book for the Nana of today, it will make you laugh, it will make you cry...it will make you want to run out and buy something nice for your grandchild! Another great show at Turkeyville!
 FEE: \$50

JUNE 17 ~ DSO AND NEIL SEDAKA!

See Neil Sedaka perform his greatest hits including "Calendar Girl," "Breaking up is Hard to Do," and "Happy Birthday Sweet Sixteen."
 FEE: \$79 (includes lunch at Sinbads at the River.)